LUNCH Week 2

w/c 07/09, 28/09, 19/10, 9/11, 30/11, 21/12, 11/01, 01/02, 22/02



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	**Mac n' Cheese (V)** Macaroni pasta in a creamy cheese sauce.	**Chicken Curry** Chicken slow-cooked in a mild Indian-spiced sauce.	**Roast Chicken** Oven-roasted chicken dinner.	**Pasta Bolognese** Pasta served with a rich Italian bolognese sauce.	**Fish Fingers** Golden crispy crumb coated fish sticks.
MAIN 2	**Pasta Arriabatta (VE)** Pasta served with a spiced tomato sauce.	**Sweet Potato & Chickpea Curry (VE)** Sweet potato and chickpeas in a mild Indian-spiced sauce.	**Root Veg and Bean Pie (VE) (New)** Beans and root vegetables in a rich gravy, topped with a golden pastry lid.	**Spaghetti and Meatless Balls (VE)** Vegetarian meatballs in tomato sauce, served with spaghetti.	**Veggie Burger (VE) (New)** Homemade chickpea veggie burger in a soft white bun.
CARB	---	Turmeric Rice	Skin On Roasties	Garlic Bread	Chips
VEG	Sweetcorn	Garden Peas	Roasted Carrots	Crispy Broccoli	Baked Beans /Peas
3RD OPTION	Jacket Potatoes & Deli	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli	Jacket Potatoes & Deli
DESSERT	Lemon and Oat Cookie (VE)	Pear Upside Down Pudding (V)	Apple Flapjack Crumble (VE)	Fruit Jelly (V)	Shortbread (VE)

AVAILABLE DAILY: Fresh fruit, jelly or yogurt, homemade bread and freshly made salad.



MENU KEY VE Vegan and Planet Friendly V Vegetarian New New Dish