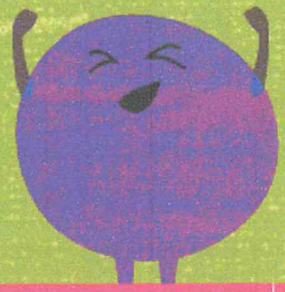
LUNCH Week 1

w/c – 31/08, 21/09,12/10, 02/11, 23/11, 14/12, 04/01, 25/01, 15/02



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	**Cheese & Tomato Pizza (V)** Homemade wholemeal pizza topped with tomato sauce & cheese.	**Southern Baked Chicken** Lightly dusted chicken, oven-roasted with a blend of gentle spices.	**BBQ Chicken** Chicken cooked in a smoky BBQ sauce.	**Pork Sausages** Simply sausages served with mash & gravy.	**Fish Fingers** Golden crispy crumb coated fish sticks.
MAIN 2	**Cheese & Tomato Pizza (V)** Homemade wholemeal pizza topped with tomato sauce & cheese.	**Chilli Bean Stack (VE)** Mexican-spiced beans in tomato sauce, layered between tortilla wraps and baked until golden.	**Veg Quiche (V)** Golden pastry filled with vegetables, egg and cheese.	**Veggie Sausage (V)** Vegetarian sausages served with mash & gravy.	**BBQ Bean and Cheese Pasty (V)** Puff pastry filled with BBQ baked beans and melted cheese.
CARB	Tomato Pasta Salad	Boiled Rice	Skin on Roasties	Mash	Chips
VEG	Broccoli	Green Beans	Garlic Autumn Greens	Roasted Corn	Baked Beans / Peas
3RD OPTION	Jacket Potatoes & Deli	Pasta & Deli	Jacket Potatoes & Deli	Pasta & Deli	Jacket Potatoes & Deli
DESSERT	Chococaramel Mousse (V)	Pear & Ginger Cake (VE)	Autumn Crumble & Custard (V)	Lemon Drizzle Flapjack (VE)	Ice Cream (V)

AVAILABLE DAILY: Fresh fruit, jelly or yogurt, homemade bread and freshly made salad.

MENU KEY VE Vegan and Planet Friendly V Vegetarian New New Dish

